

Welcome to PMA!

Our Mission:

The Peer Mentoring Association (PMA) is comprised of students of the Gwynedd Mercy University community who serve as advocates for personal issues and common challenges of the students on the college campus. Our mission is to provide resources to all who seek peer mentors in a compassionate, non-judgmental, and confidential manner.

The Peer Mentoring Association's purpose is to be available to any students who are experiencing difficulties that are affecting their academic success and personal lives, to promote and sponsor programs addressing issues impacting college students (e.g. relationships, drug/alcohol use, family issues, work concerns, eating disorders, AIDS, depression/suicide, tolerance, etc.), to serve as a referral network for the counseling staff, and to serve as a peer mentor for all students



Students Helping Students

Be Part of the Team!

Interested in Becoming a Peer Mentor?

Contact our Counseling Advisor:
Kristen Hawk

Phone: (215) 646-7300 ext.21395

Email: hawk.k@GMercyU.edu

Check us out on Facebook and Twitter for occasional prizes, contests, and giveaways!

Like us on Facebook:
<https://www.facebook.com/pages/Peer-Mentoring-Association/306473072824951>

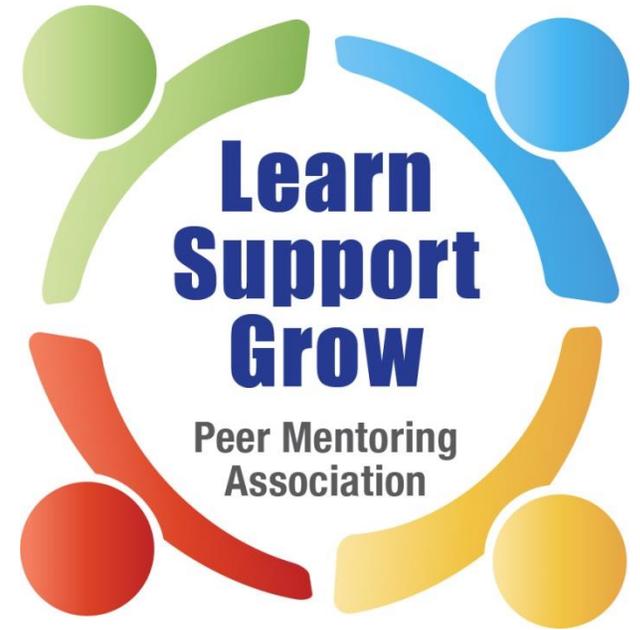
Follow us on Twitter
@GMercyUPMA

1325 Sumneytown Pike
Gwynedd Valley, PA
19427



Gwynedd Mercy
University

Created by Trinity Pellegrin



*When All You
Need is Someone
to Listen*

Gwynedd Mercy
Students Working Side
by Side with Gwynedd
Mercy Counselors





All of our members are more than willing to just stand by and listen. Send any of our members an email and we will be sure to respond asap!

Get to Know Our Officer Mentors!

President

Alex Masterson
Senior: Nursing Major
Email: Masterson.A@GMercyU.edu

Corresponding Secretary

Sean Welch
Email: Welch.S1@GMercyU.edu

Recording Secretary & Social Media Coordinator

Alli Hough
Email: Hough.A@GMercyU.edu

Treasurer and SGA Representative

Open position

Counseling Advisor

Kristen Hawk
AOD/R.A.I.S.E. Counselor
Hawk.K@GMercyU.edu

>>Finding your perfect mentor:

Although each of our mentors goes through the same training, there are members of PMA who have dealt with a specific situation before either through their own experiences or by having mentored someone within similar circumstances. If you want to know more about which mentor can best help you email the **Counseling Advisor** or a **PMA member**.

*Should I See a Peer Mentor?
Is My Problem Something that a Peer Mentor can help with?
Will my Peer Mentor Tell Anyone My Problems?
What if I Just Need to Talk?*



Peer Mentors can help with:

- Relationship troubles
- Time management and study advice
- Alcohol and other drug problems
- Eating disorders or other eating related issues
- Bullying
- Difficult family matters
- Depression
- Anxiety
- Sexual assault
- And, many more



Confidentiality:

The fundamental goal of the Peer Mentoring Association is to create a trusting and supportive environment on the Gwynedd Mercy campus. Confidentiality plays a crucial role. Therefore, all Peer Mentors and the Counseling advisor will protect the privacy and identity of students they encounter and those who see them. Peer mentors will not keep documentation of the conversations they have in their role as Peer mentors. Peer mentors are aware that confidentiality limits the extent to which they can discuss the needs of the classmates with others. Only the student may give permission to the peer mentor to communicate with others outside of the peer mentoring program regarding his/her case. To ensure the safety and effectiveness of all participants, peer mentors are supervised by the counseling advisor. Peer mentors may encounter situations that require additional guidance, in which they may need to consult with the counseling advisor. Confidentiality cannot be maintained in cases where a peer mentor believes that the student is in imminent danger of harming themselves or someone else, or if the student reports an incident of sexual assault.